Gode pasientforløp

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Pasientforløp og behandlingsbehov sett fra pasienters perspektiv

Mange kreftpasienter trenger hjelp til mer enn å behandle selve sykdommen, men deres behov blir i liten grad mott. Det er en viktig årsak til at mange bruker alternativ behandling.

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Siri’s Patient Pathway 2008-2013

2008-2010: Many tough days. Little time for myself. Busy looking after [husband] and helping him.

April 2010: [Husband] at the hospital. I and my youngest daughter abroad. Suspected something in my body. Defecation pattern changed. But negative blood tests. Hurrah!! My doctor said she would follow me up more closely.

Cancer diagnosis 15/5-2010
- Total chaos
- [Husband] thrombosis 17/5-2010
- Operation 24/5-2010: all possible complications

2010-2011: Long convalescence. [Middle daughter] takes off for ½ year to stay home. Have to close down the husband’s business – very demanding process. We travel a lot. Probably running away from reality everyday life.

Three children coming home from their lives in Norway and abroad summer 2010:
- [Oldest daughter] pregnant, starts bleeding
- [Middle daughter] needs break from studies

June 2010: Both parents in the hospital at the same time. Three children said they felt having neither mother nor father.

Husband] died 04/07-2010. I myself had gotten most possible complications from cancer treatment. Poor state of health.

2011: Starting to work, many challenges


November 2011: [Middle daughter] became only 29 years old.

HELPFUL:
- Large network
- Physiotherapist
- Psychologist
- CAM providers
- Minister
- Psychiatric nurse
- My doctor
- Surgeon
- Psychomotor physiotherapy
- Collagues

2013: Moving close to children

2013: Selling and leaving the family home

2013: First grandchild


Samvalg

Ingen beslutning om meg, uten meg!

«Eg forstår»

Pasientlos

Hva er viktig for deg?

«Jeg er bare opptatt av hvordan sjelen din har det!»
Röd: Allvarlig vårdskada har inträffat (Lex Maria)

Orange: Vårdskada har inträffat

Gul: Risk för att vårdskada har inträffat

Grön: Ingen vårdskada
Coming together is a beginning.
Keeping together is progress.
Working together is success.
Linker

• PATH-prosjektet:  
  https://uit.no/om/enhet/artikkel?p_document_id=393304&p_dimension_id=88112

• Kåres pasientforløp:  
  https://www.youtube.com/watch?v=e2Wg4jLERag

• PATH-prosjektet artikkel Sykepleien:  
  https://sykepleien.no/meninger/innspill/2017/03/pasientforlop-og-behandlingsbehov-sett-fra-norske-kreftpasienters

• Samvalg, pasientbrosjyre:  
  https://www.lds.no/media/39411/samvalg-pasientbrosyre.pdf